



# YOSHUKAI INTERNATIONAL KARATE SCHOOL

## TO SOLID GREEN BELT

NEW KATA	NEW GOSHINJITSU	NEW UKEMI WAZA
	Tai Ho Jitsu # 1-5	

## NEW TECHNIQUES AND TERMINOLOGY

Otoshi empi uchi	Descending elbow strike
Tettsui uchi	Hammer fist strike
Mawari ushiro geri	Spinning back kick