



YOSHUKAI INTERNATIONAL KARATE SCHOOL

TO SOLID PURPLE BELT

NEW KATA	NEW GOSHINJITSU	NEW UKEMI WAZA
Seisan	Straddle pin release	Side rolls
	Arm locks	

NEW TECHNIQUES AND TERMINOLOGY

Haishu uke	Back hand block
Hiza geri	Knee strike
<i>Shuffle lunge</i>	
<i>Fakes & feints</i>	
<i>Runner</i>	
Ascending Power	Power source
Descending Power	Power source